Allaya Alli Salimu discusses hygiene and nutrition with other members of a community health club in Salima, Malawi. Training and teaching in villages can broaden access to information on nutrition and healthy food.
Although enough food is produced globally to feed the world, hunger persists—largely the product of various and severe inequalities. Yet neither hunger nor inequality is inevitable; both are rooted in uneven power relations that often are perpetuated and exacerbated by laws, policies, attitudes, and practices. The following recommendations aim at redressing such power imbalances in order to alleviate hunger among the most vulnerable:

**Foster Democratic Governance of National Food Systems**

To foster genuinely democratic governance of our food system, governments must actively include in the policy-making process underrepresented groups, such as small-scale farmers, that are involved in producing food and feeding people but often excluded from contributing to the policies and laws that affect their livelihoods.

**Broaden Participation in International Food-Policy Debates**

International bodies aiming to increase food and nutrition security must ensure the meaningful participation of people’s movements and civil society organizations from all parts of the world to generate more productive debates around paradigms of food systems.

**Guarantee Rights and Space for Civil Society**

Governments must ensure space for civil society to play its role in holding decision makers to account on their obligation to protect and ensure the Right to Food. Integral to this are freedom of assembly and association, including peaceful protest, and the right to information.

**Protect Citizens and Ensure Standards in Business and Trade**

Governments should create and enforce regulatory frameworks to safeguard citizens—especially the most vulnerable—from the negative impacts of international trade and agriculture agreements and the actions of private firms that could endanger citizens’ food sovereignty and food and nutrition security. Private companies should act in compliance with internationally agreed human rights and environmental standards in their business activities, as described in the UN Guiding Principles on Business and Human Rights.

**Analyze Power to Make Better Policies**

National policies should take into account how hunger and malnutrition are distributed across the population, and how power inequalities affect different groups in society—for example, how discriminatory gender norms and practices can harm the nutritional status of women and girls. Focusing on trade, land, agricultural, and other policies that have both visible and hidden impacts on food and nutrition security will help to align efforts in the fight against global hunger.

**Increase Support for Small-Scale Food Producers**

Governments should build the capacity of small-scale producers, particularly women, by ensuring access to public services such as infrastructure, financial services, information, and training.

**Advance Equality through Education and Social Safety Nets**

To reduce gross inequality and hunger, national governments must provide access to education and create social safety nets to ensure that all members of society—including the most vulnerable and marginalized—have income security and can access essential health care.

**Hold Governments Accountable with Timely Data**

To monitor progress toward Zero Hunger and hold governments accountable to their commitments, critical data gaps in relation to both hunger and inequality must be addressed, and national governments and international organizations must support the collection of disaggregated, independent, open, reliable, and timely data.

**Invest in the SDGs and Those Left Behind**

Donors should adequately fund efforts to achieve the SDGs. This is particularly crucial for low-income countries, where official development assistance (ODA) is disproportionately necessary. Donors should meet internationally agreed targets by contributing 0.7 percent of gross national income (GNI) to ODA as well as 0.15–0.2 percent of GNI to the Least-Developed Countries.